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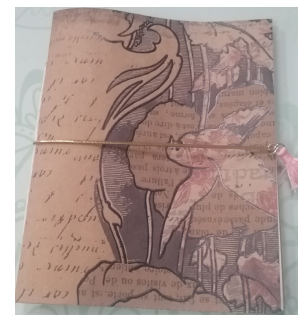
# Crafty Adults

## Creative You! craft kit

Adult crafters!! Get creative and enjoy a fun, carefree, & stress-relieving activity with our Creative You! craft kits.

Each kit contains supplies & a step-by-step guide to help you with the craft's creation.

## July's Craft kit: Handmade Craft Paper Journal w/Tassel



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### Kit includes:

- 1 Decorative sheet of cardstock paper (for the cover)
- Pages of white drawing paper
- 2 Mini binder clips
- 1 Piercing & scoring tool
- 1 Mini tassel
- 1 Embroidery needle
- 1 Elastic cord (15 inches long)
- 1 Embroidery floss (24 inches long)
- 1 piece of plastic corrugated sheet (3 x 5 inches)

### Additional supplies you'll need:

- Scissors
- Pencil
- Ruler

## Step-by-Step Instructions:

### Handmade Craft Paper Journal w/Tassel

- Take your decorative cardstock paper & decide which side will be the front of your notebook.
- Fold it in half, take the scoring tool & press down on the crease, making it nice & sharp.

### CREATE YOUR PAPER JOURNAL:

- Unfold your cardstock paper & flip it over with the top side facing down.
- Place the stack of white drawing paper on top of the cardstock paper in the center.
- Take 1 mini binder & clip the cardstock & paper in place.

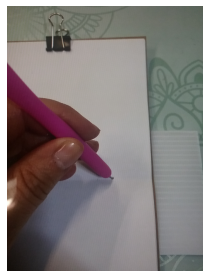
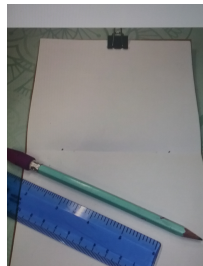
This will help to keep the papers from moving around when you start sewing them together.

### PUNCH HOLES FOR SEWING:

- Place the piece of plastic corrugated sheet underneath the fold of your journal.

This will ensure that the surface of your table is protected!

- Draw 3 dots along the fold:
    - You can use a ruler to measure 1 inch from the sides & then draw the third dot in the center of them.
  - Take the piercing tool & punch holes on the dots
- Make sure the holes go through all of the papers!



## Step-by-Step Instructions: Handmade Craft Paper Journal w/Tassel

### NOW YOU CAN BEGIN SEWING YOUR JOURNAL PAGES TOGETHER:

- Take your embroidery thread & knot one end.
- From the inside of your journal, push your needle through the first hole.
- Pull the string back inside through the center hole, then back out through the last hole, & then double-back along the spine, taking your needle through the first hole again.

This will make your book's spine stronger!

- Inside the journal, make a loop & double knot the yarn, trimming the scraggly end.

### ADD THE ELASTIC CORD & TASSLE:

- Place your journal on top of the plastic corrugated sheet & open to the back page.
- At the center of the page, along the crease, take your piercing tool & create a larger hole for the elastic cord.

You can rotate the tool in a small circle until the hole is large enough for the cord.

- Insert the tassel onto the cord.
- From the outside of the journal, insert both of the cord's ends through the hole, creating a loop outside.
- You want the loop to be about 4 inches long so that the elastic loop can comfortably wrap around your journal.
- Once you have the cord in place, tie a double-knot at the inside back-cover, & trim the ends.

**NOW YOUR HANDMADE CRAFT PAPER JOURNAL IS READY TO USE FOR NOTES, IDEAS & DRAWINGS!**

