

NEW NONFICTION TITLES FOR JANUARY 2023

BIOGRAPHY

Children of the State: Stories of Survival and Hope in the Juvenile Justice System by Jeff Hobbs

Courtiers: Intrigue, Ambition, and the Power Players Behind the House of Windsor by Valentine Low

A Few Days Full of Trouble: Revelations on the Journey to Justice for My Cousin and Best Friend, Emmett Till by Wheeler Parker & Christopher Benson

The Fight of His Life: Inside Joe Biden's White House by Chris Whipple

I Curse You With Joy by Tiffany Haddish

Love and Justice: A Story of Triumph on Two Different Courts by Maya Moore Irons & Jonathan Irons

The Love You Save by Goldie Taylor

Love, Pamela by Pamela Anderson

Rough Sleepers: Dr. Jim O'Connell's Urgent Mission to Bring Healing to Homeless People by Tracy Kidder

Unraveling: What I Learned About Life While Shearing Sheep, Dyeing Wool, and Making the World's Ugliest Sweater by Peggy Orenstein

GENERAL NONFICTION

8 Rules of Love: How to Find It, Keep It, and Let It Go by Jay Shetty

Bloodbath Nation by Paul Auster

Code Name Blue Wren: The True Story of America's Most Dangerous Female Spy—and the Sister She Betrayed by Jim Popkin

How Medicine Works and When It Doesn't: Learning Who to Trust to Get and Stay Healthy by F. Perry Wilson

Koala: A Natural History and an Uncertain Future by Danielle Clode

Reckoning: Writing into Existence by Eve Ensler

HEALTH AND FITNESS

The Galveston Diet: The Doctor-Developed, Patient-Proven Plan to Burn Fat and Tame Your Hormonal Symptoms by Mary Claire Haver

Living in the Light: Yoga for Self-Realization by Deepak Chopra & Sarah Platt-Finger

The Spark Factor: The Secret to Supercharging Your Cells, Optimizing Your Health, and Feeling Better Than Ever by Molly Maloof

HISTORY

The Declassification Engine: What History Reveals About America's Top Secrets by Matthew Connelly

Flora MacDonald: Pretty Young Rebel: Her Life and Story by Flora Fraser

In the Garden of the Righteous: The Heroes Who Risked Their Lives to Save Jews During the Holocaust by Richard Hurowitz

Master Slave Husband Wife: An Epic Journey from Slavery to Freedom by Ilyon Woo

The Nazi Conspiracy: The Secret Plot to Kill Roosevelt, Stalin, and Churchill by Brad Meltzer & Josh Mensch

On Savage Shores: How Indigenous Americans Discovered Europe by Caroline Dodds Pennock

A Woman's Life Is a Human Life by Felicia Kornbluh

NEW NONFICTION TITLES FOR JANUARY 2023

POLITICAL SCIENCE

Cobalt Red: How the Blood of the Congo Powers Our Lives by Siddharth Kara

The Fresh Prince Project: How the Fresh Prince of Bel-Air Remixed America by Chris Palmer

Never Give an Inch: Fighting for the America I Love by Mike Pompeo

Pegasus: How a Spy in Your Pocket Threatens the End of Privacy, Dignity, and Democracy by Laurent Richard & Sandrine Rigaud

Pirate Enlightenment, or the Real Libertalia by David Graeber

Untouchable: How Powerful People Get Away With It by Elie Honig

SCIENCE

The Matter of Everything: How Curiosity, Physics, and Improbable Experiments Changed the World by Suzie Sheehy

The Parrot and the Igloo: Climate and the Science of Denial by David Lipsky

What's Gotten into You: The Story of Your Body's Atoms, from the Big Bang Through Last Night's Dinner by Dan Levitt

SELF-HELP

The Creative Act: A Way of Being by Rick Rubin

The Good Life: Lessons from the World's Longest Scientific Study of Happiness by Robert Waldinger & Marc Schulz

Heart to Heart: A Conversation on Love and Hope for Our Precious Planet by the Dalai Lama XIV & Patrick McDonnell

Outsmart Your Brain: Why Learning Is Hard and How You Can Make It Easy by Daniel T. Willingham

The Perfectionist's Guide to Losing Control: A Path to Peace and Power by Katherine Morgan Schafler

Start, Stay, or Leave: The Art of Decision Making by Trey Gowdy

*Titles provided from Baker & Taylor's Booking Ahead prepublication list.
Not all titles are purchased but may be requested.*



hendersonlibraries.com

